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Senior Pastor

Fountain of Hope

Official Newsletter of the Fountain of Hope Christian Church

MISSION: Encourage spiritual growth and nurture God's children to take care of self, community, and the world through Christian Education, Radical Hospitality, Authentic Praise and Worship, and Service.

WWW.Fountainofhopechristianchurch.com

Special points of interest:

- Hope-Casts to listen to encourage you
- Grow into your best life in 2019 with Fountain of Hope
- Georgia Black Leadership Project to connect the church, public, and nonprofit to help the people
- LIT Initiative providing opportunities
- Climate Change is real. The Church's response

Find Your Purpose

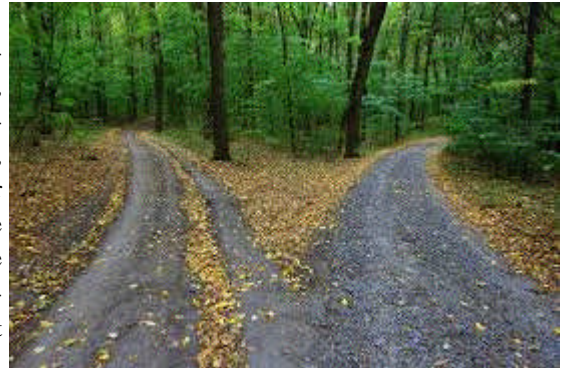
"Many are the plans in a person's heart, but it is the LORD's purpose that prevails" - Proverbs 19:21

Most children are born into this world with plans that their parents and guardians have set for them. As they grow and find their way, the children develop their own plans. Some plans turn out well and some plans turn out very badly. In 2019, I encourage you to seek God's face to find out what God's plans are for you and walk in your purpose.

You may not believe this, but God doesn't plan for all people to be preachers, prophets, or ministers. God plans for people who are created differently to be cooks,

surgeons, leaders, followers, inventors, teachers, bus drivers, and many other things that make the world the incredible beautiful place that it is.

"Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good." - I Corinthians 12:4-7



May God be with you in your journey through 2019 that you may flourish in your purpose to be all God has for you to be and the blessings that go with it. Selah.

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Theologians Speak: John Calvin

Prayer doesn't change things – God changes things in answer to prayer.

(July 1509 – 27 May 1564) was a French theologian, pastor and reformer in Geneva during the Protestant Reformation. He was a principal figure in the development of the system of Christian theology later called Calvinism,

aspects of which include the doctrines of predestination and of the absolute sovereignty of God in salvation of the human soul from death and eternal damnation, in which doctrines Calvin was influenced by and elaborated upon the Augustinian and other Christian traditions.



John Calvin



Creation Care



The Alverna Covenant

Whereas:

God has created the world with finite resources;
God has given to us the stewardship of the earth;
God has established order through many natural cycles;

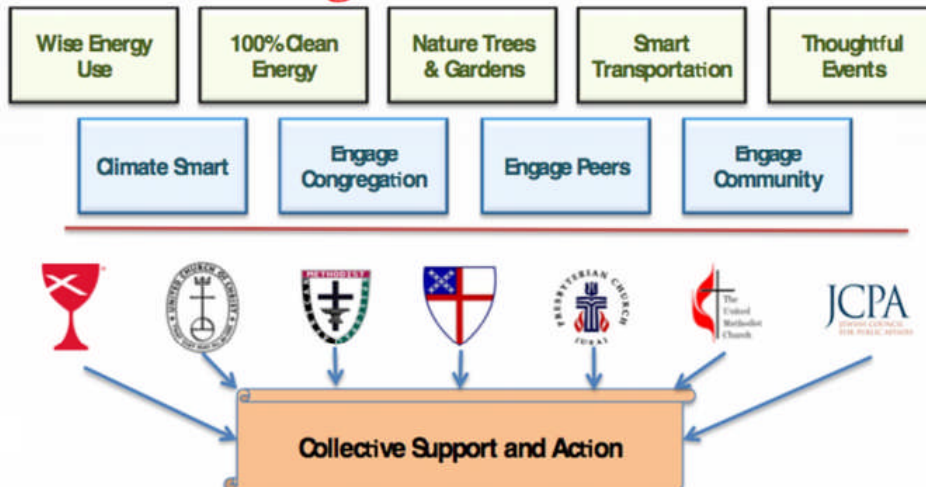
And it is evident that:

We are consuming resources at a rate that cannot be maintained;
We are interrupting many natural cycles;
We are irresponsibly modifying the environment through consumption and pollution;
We are populating the earth at a rate that cannot be maintained;

As a member of the human family and a follower of Jesus Christ, I hereby covenant that:

I will change my lifestyle to reduce my contribution to pollution;
I will support recycling efforts
I will search for sustainable lifestyles;
I will work for public policies which lead to a just and sustainable society;
I will share these concerns with others and urge them to make this covenant.

Putting Justice Into Action





Sis. Vester Sims
 Bro. Damion Lonon
 Bro. Sam Warfield
 Rev. Robert L. Melson, Sr.
 Sis. Emma R. Locke
 Rev. William Harris
 Rev. Larry McNeal
 Sis. Daphne Davis
 Bro. Richard Marshall
 Sis. Sandra Marshall
 Sis. Gladys Axon-Rice
 Bro. Fred Kendrick
 Bro. Evan Morris
 Bro. Rodney Gilliam
 Bro. Arthur L. Brown Jr.
 Sis. Terlisa F. Sheppard
 Logan Family

Brazzel Family
 Morris Family
 Sis. Rhonda Martin
 Sis Nadine Archield
 Sis Segrid Archield
 Bro John Archield
 Bro D.J. Strozier
 Bro Harold Underwood
 Sis. Jinaye Johnson
 Sis Jennifer Taylor
 Sis. Dekoslyn Cook-Robinson
 Min. Thomas Walters
 Min. Kim Taylor
 Bro Duron Ewing and Family
 Bro. Rickey Underwood
 Sis. Janet Johnson
 Bro. Ed Vilbig

The Shankman Family
 Sis. Alma Heard & Family
 Bro. Jean-Patrick Guichard
 Bro. William Walker
 Sis. Sheila Christopher
 Bro. Albert McCrutchon III
 Bro. Earl Hardeway
 Sis. Pamela Hoyles
 Bro. Joseph Robinson
 Bro. George Lollar
 Sis. Erica Denson-Klurkey
 Bro. Adrian M. Deese
 Bro. Brian Davis
 Sis. Terry Brown
 Bro. Brandon Hitchcock
 Sis Gwen Carmen
 Min. Donevan Reese
 Bro. Sam Underwood

*“What you do each day is
 how you live your life. What
 are you doing today that you
 can thank yourself
 tomorrow”*

Become a Member

Becoming a member is easy. All you need to do is take the step of faith and become a part of this fellowship.

You may join by one of three (3) ways: Baptism, Letter, or Watch Care.

Baptism—If you never have been baptized

Letter — If you are moving membership from another church.

Watch Care—Keep your current membership, but affiliate under care while you are in fellowship with Fountain of Hope.

Now it’s up to you. Make the step. We have members who are affiliated with this fellowship throughout the United States. You may be the next member wherever you reside.

Let us know if you have questions.

News from the Disciples of Christ



Reconciliation 2.0: The Urgency of Now – Webinar

Date: May 19, 2019

Time: 1:30 pm - 3:30 pm

Website:

<http://www.lextheo.edu/webinar-series/>

Regional Youth Assembly

Epworth-by-the-Sea

February 22-24, 2019

Disciples Men's Retreat

Christmount - Black Mountain N.C.

March 22-24, 2019

General Assembly

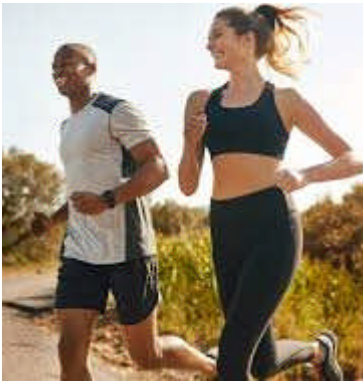
Des Moines, Iowa

July 20-24, 2019

Regional Assembly

First Christian Church Macon

April 24-25, 2020



The ultimate responsibility for your health is you. What you do to it and put in it makes a difference.

Your Health: Exercise

Why is physical activity important?

Regular physical activity is important for good health, and it's especially important if you're trying to lose weight or to maintain a healthy weight.

- When losing weight, more physical activity increases the number of calories your body uses for energy or "burns off." The burning of calories through physical activity, combined with reducing the number of calories you eat, creates a "calorie deficit" that results in weight loss.
- Most weight loss occurs because of decreased caloric intake. However, evidence shows the only way

to maintain weight loss is to be engaged in regular physical activity.

- Most importantly, physical activity reduces risks of cardiovascular disease and diabetes beyond that produced by weight reduction alone.

Physical activity also helps to—

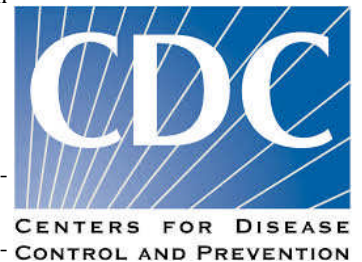
- ◆ Maintain weight.
- ◆ Reduce high blood pressure.
- ◆ Reduce risk for type 2 diabetes, heart attack, stroke, and several forms of cancer.

Reduce arthritis pain and associated disability.

Reduce risk for osteoporosis and falls.

Reduce symptoms of depression and anxiety.

https://www.cdc.gov/healthyweight/physical_activity/index.html



American Cancer Society: Exercise

For most Americans who do not use tobacco, the most important cancer risk factors that can be changed are body weight, diet, and physical activity. The World Cancer Research Fund estimates that about 20% of all cancers diagnosed in the US are related to body fatness, physical inactivity, excess alcohol consumption, and/or poor nutrition, and thus could be prevented.

Although our genes influence our risk of cancer, most of the

difference in cancer risk between people is due to factors that are not inherited. Avoiding tobacco products, staying at a healthy weight, staying active throughout life, and eating a healthy diet may greatly reduce a person's lifetime risk of developing or dying from cancer. These same behaviors are also linked with a lower risk of developing heart disease and diabetes.

Although these healthy choices can be made by each of us, they

may be helped or slowed by the social, physical, economic, and regulatory environment in which we live. Community efforts are needed to create an environment that makes it easier for us to make healthy choices when it comes to diet and physical activity.

<https://www.cancer.org/healthy/eat-healthy-get-active/acs-guidelines-nutrition-physical-activity-cancer-prevention.html>



Cancer Helpline
800.227.2345

Hidden Atlanta Treasures: Center for Civil and Human Rights

The Center for Civil and Human Rights in downtown Atlanta is an engaging cultural attraction that connects the American Civil Rights Movement to today's struggle for Global Human Rights

Its purpose is to create a safe space for visitors to explore the fundamental rights of all human beings so that they leave inspired and empowered to join the ongoing dialogue about human rights

in their communities.

January 15: Alvin Ailey: Destination Dance Workshop

Current Exhibits:

- The American Civil Rights Movement
- The Morehouse College
- Martin Luther King, Jr.

<https://www.civilandhumanrights.org>



2019 Living With Jesus Christ In This Age

The mission of Fountain of Hope Christian Church is to encourage spiritual growth and nurture God's children to take care of self, community, and the world through Christian Education, Radical Hospitality, Authentic Praise and Worship, and Service.

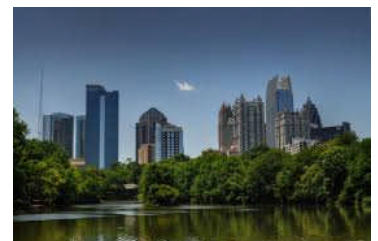
For this reason, we will present

a rounded presentation of tools for you to live your best life with Jesus Christ while building yourself, your community, and the world.

We encourage you to find ways to build your spiritual life, your physical life, and those things that build you, your community and the world.

Some examples are bible study, prayer, worship, exercise, healthy eating, healthy relationships, life planning, financial stewardship, and more.

Live your best life with Jesus Christ now! Fountain of Hope is here to walk with you.



Piedmont Park, Atlanta, Georgia



Georgia Disciples of Christ Black Leadership

The 2018 Georgia Regional Assembly adopted a resolution to support the Poor People’s Campaign. The Poor People’s Campaign has a focus “uniting tens of thousands of people across the country to challenge the evils of systemic racism, poverty, the war economy, ecological devastation and the nation’s distorted morality. This project will address three objectives associated with this initiative:

1. Create a platform to give African American DOC churches historical context for African Americans in the Disciple of Christ movement and improve connection with identity within the Disciples of Christ (The Christian Church).
2. Raise awareness of systemic issues of racism, poverty, the war economy, ecological devastation, and health disparities in Georgia
3. Provide opportunities to connect with grassroots organizations in the communities of the churches in the Georgia Region to improve conditions.

Next Sessions:

- ◆ February 2, 2019
- ◆ April 13, 2019



Mission of Hope

We are enhancing and creating partnerships to improve the delivery of youth ministry in the Metro Atlanta Area. In this new program, we would like to bring together the best and most hopeful young people across the Metro Atlanta region to provide meaningful opportunities to each of them. Does this mean that we are seeking students with the highest GPA’s? Absolutely not! We are seeking students who have a desire to improve their condition and to be all that God has created them to be. In this program, we would like to help assist youth leaders, teachers, mentors, and other in providing programs such as the following:

1. College Tours
2. African Heritage Tours
3. Leadership Development Experiences
4. Career Development and Exposure to Opportunities
5. Interface with Philanthropic Organizations that serve our community

OBJECTIVE: *Provide hope enriching opportunities for the development of youth as future citizens, leaders, and support the development of meaningful personal goals.*

Hope-Cast

Audio and Video Inspiring Messages

Our ministry will attempt to reach you where you are. There will be drops of hope in messages to give you that encouragement of what you need when you need it.

Faith	Hope	Love	Finances	Relationships	
Work	Dreams	Government Home-life	Salvation		
Sin	Heaven	Hell	Jesus	God	
Holy Spirit	Joy	Children	Enemies	Friends	More.....

Bible Study

Join us in person or via conference call each Wednesday to journey with us through pages of the bible to hear God, Jesus, the Holy Spirit, and the many people and animals who lived and walked on this earth and some who didn't. Go and grow with us we listen to what God speaks into our spirit as we move through the many stories in the bible. Just let us know if you are interested.



LEARN ■ INTERACT ■ TRAIN

- Students will have the opportunity to hear and speak with persons in various careers who will share paths to these careers.
- Students will have opportunity to speak to vocational and technical school admission professionals.
- Students and parents will have the opportunity to speak with professionals who can help finance their education.
- Opportunity for Students to earn while learning and leave with a career
- Students will have the opportunity to sign for college

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A Godly place where you matter.

Founded in 2008 in the basement of a flower shop, Fountain of Hope Christian Church has actively done ministry around the world. Along with worship, bible study, our missions and ministry includes providing shoes for thousands of people around the world, clothing the homeless, nurture for battered women's shelters, pastoral care to nursing homes and incarcerated youth, environmental justice, advocacy, and much more. It is possible by the Grace of God who encourages people around the world to sow seeds into this ministry.

Salvation is free but ministry costs. Your gifts go directly toward supporting the ministry of Fountain of Hope Christian Church.



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